

Race No.	Name	Cat.	Place	Swim		Place	Bike	Time	km/hr	Place	Swim+	Place	Run	Time	min/mi	Place	Overall
				Time	min/ 100m												
042	Sheehan,Whitley	F1	1/3	7:11	1:26	5/26	0:40:43	25.79	3/19	0:47:54	2/12	0:17:48	7:10	2/14	1:05:42		
029	Miller,Alesha	F1	1/7	7:58	1:36	2/25	0:40:40	25.82	2/22	0:48:38	1/14	0:18:22	7:23	1/19	1:07:00		
030	Miller,Christa	F1	2/9	8:02	1:36	1/24	0:40:22	26.01	1/21	0:48:24	2/23	0:20:01	8:03	2/21	1:08:25		
033	Olson,Jamey	F2	2/16	8:56	1:47	1/8	0:35:32	29.55	1/11	0:44:28	1/13	0:18:04	7:16	1/9	1:02:32		
036	Pimm,Rebecca	F2	6/32	10:57	2:11	2/34	0:43:00	24.42	3/35	0:53:57	2/15	0:18:23	7:24	2/28	1:12:20		
021	Keim,Becky	F2	3/26	10:16	2:03	4/39	0:44:07	23.80	4/36	0:54:23	3/22	0:19:38	7:54	3/34	1:14:01		
052	Watters,Nicole	F2	1/11	8:08	1:38	5/41	0:45:44	22.96	2/33	0:53:52	7/34	0:21:05	8:29	4/35	1:14:57		
047	Tontsch,Kaitlyn	F2	7/39	11:25	2:17	3/36	0:43:14	24.29	5/38	0:54:39	6/33	0:21:01	8:27	5/36	1:15:40		
026	Mangrove,Nicole	F2	4/27	10:17	2:03	6/43	0:47:42	22.01	6/41	0:57:59	8/41	0:22:53	9:12	6/40	1:20:52		
048	VanNatter,Shannon	F2	5/31	10:52	2:10	8/50	0:54:40	19.21	8/50	1:05:32	5/32	0:20:56	8:25	8/47	1:26:28		
009	Ellis,Kari	F2	3/43	12:37	2:31	3/49	0:52:29	20.01	3/49	1:05:06	3/50	0:26:56	10:50	3/50	1:32:02		
018	Hunter,Amber Dawn	F3	3/15	8:46	1:45	2/11	0:35:43	29.40	2/12	0:44:29	1/9	0:17:27	7:01	1/8	1:01:56		
028	McDonald,Sandra	F3	2/13	8:26	1:41	1/6	0:33:47	31.08	1/3	0:42:13	3/30	0:20:45	8:21	2/10	1:02:58		
039	Porter,Anji	F3	1/4	7:17	1:27	4/32	0:42:40	24.61	3/25	0:49:57	2/27	0:20:26	8:13	3/24	1:10:23		
005	D'Lugos,Joanne	F3	8/48	13:25	2:41	7/45	0:47:48	21.97	7/46	1:01:13	4/26	0:20:24	8:12	7/42	1:21:37		
007	Dunham,Vashti	F3	5/46	12:41	2:32	5/46	0:47:57	21.90	5/45	1:00:38	4/42	0:23:10	9:19	5/45	1:23:48		
014	Gramm,Sandra	F3	6/51	14:06	2:49	6/51	0:54:47	19.17	6/51	1:08:53	5/48	0:25:11	10:08	6/51	1:34:04		
038	Polehoykie,Barbara	F4	1/14	8:45	1:45	1/13	0:36:24	28.85	1/13	0:45:09	1/20	0:19:17	7:46	1/13	1:04:26		
053	Westra,Yolanda	F4	3/24	9:53	1:59	2/27	0:41:09	25.52	2/27	0:51:02	2/21	0:19:35	7:53	2/26	1:10:37		
056	Cuell,Lucille	F4	2/21	9:29	1:54	3/29	0:41:53	25.07	3/28	0:51:22	3/38	0:21:47	8:46	3/32	1:13:09		
020	Hutson,Roxanne	F4	4/34	11:05	2:13	3/30	0:42:24	24.76	4/32	0:53:29	6/51	0:27:47	11:11	4/41	1:21:16		
024	Lacoursiere,Shelly	F4	4/42	12:15	2:27	6/48	0:51:06	20.55	6/48	1:03:21	4/43	0:23:15	9:21	5/48	1:26:36		
040	Rathburn,Linda	F4	5/47	13:05	2:37	4/42	0:47:05	22.30	4/43	1:00:10	6/52	0:30:03	12:05	6/49	1:30:13		
011	Fullerton,Joanne	F5	2/28	10:20	2:04	2/37	0:43:35	24.09	2/34	0:53:55	2/45	0:23:46	9:34	2/37	1:17:41		
002	Caldwell,Lyn	F5	6/49	13:58	2:48	5/44	0:47:45	21.99	5/47	1:01:43	5/47	0:24:35	9:53	4/46	1:26:18		
032	Nasedkin,Stefan	M1	1/1	6:11	1:14	1/15	0:37:40	27.88	1/8	0:43:51	1/7	0:17:03	6:52	1/7	1:00:54		
041	Ridgeway,Thomas	M1	2/35	11:14	2:15	2/35	0:43:09	24.33	2/36	0:54:23	2/18	0:18:33	7:28	2/30	1:12:56		
051	Watson,Peter	M2	1/5	7:29	1:30	1/3	0:32:58	31.85	1/2	0:40:27	1/2	0:15:05	6:04	1/2	0:55:32		
010	Fountain,Dustin	M2	1/6	7:38	1:32	1/12	0:36:15	28.97	1/9	0:43:53	1/6	0:16:57	6:49	1/6	1:00:50		
025	Mangrove,Jamie	M2	3/18	9:13	1:51	3/20	0:38:36	27.20	3/18	0:47:49	4/40	0:22:42	9:08	3/25	1:10:31		
043	Smith,Owen	M2	2/8	8:01	1:36	4/33	0:42:58	24.44	4/26	0:50:59	3/29	0:20:29	8:14	4/27	1:11:28		
019	Hunter,Darin	M3	1/10	8:02	1:36	1/1	0:30:37	34.30	1/1	0:38:39	1/1	0:13:47	5:33	1/1	0:52:26		
055	Greer,Ross	M3	2/22	9:43	1:57	3/16	0:37:43	27.84	3/17	0:47:26	2/16	0:18:24	7:24	3/15	1:05:50		
003	Dechief,Lyle	M3	4/20	9:20	1:52	2/18	0:37:54	27.70	2/16	0:47:14	2/19	0:19:06	7:41	2/17	1:06:20		
004	D'Lugos,Jeremiah	M3	4/44	12:37	2:31	4/23	0:39:45	26.42	4/31	0:52:22	4/31	0:20:46	8:21	4/31	1:13:08		
035	Pederson,Kent	M4	2/17	8:58	1:48	1/4	0:33:22	31.47	1/5	0:42:20	2/8	0:17:08	6:54	1/4	0:59:28		
015	Guliov,Darren	M4	3/25	10:08	2:02	2/10	0:35:42	29.41	2/14	0:45:50	3/17	0:18:31	7:27	2/12	1:04:21		
017	Houssian,Drake	M4	3/36	11:15	2:15	3/19	0:38:07	27.55	3/24	0:49:22	3/9	0:17:27	7:01	3/18	1:06:49		

001 Banks,Duncan	M5	1/12	8:13 1:39	2/7	0:35:01	29.99	2/6	0:43:14	1/4	0:16:33	6:40	2/5	0:59:47
016 Harris,Gordon	M5	7/40	11:27 2:17	2/9	0:35:34	29.52	2/15	0:47:01	1/5	0:16:35	6:40	1/11	1:03:36
027 Maxwell,James	M5	3/30	10:38 2:08	1/5	0:33:37	31.23	1/10	0:44:15	7/37	0:21:46	8:45	3/16	1:06:01
012 Fullerton,Marty	M5	5/37	11:16 2:15	3/17	0:37:53	27.72	4/23	0:49:09	4/27	0:20:26	8:13	4/23	1:09:35
045 Staples,Bob	M5	9/45	12:40 2:32	4/22	0:39:31	26.57	6/30	0:52:11	3/25	0:20:19	8:10	5/29	1:12:30
031 Miller,Russ	M5	2/29	10:28 2:06	6/28	0:41:38	25.22	5/29	0:52:06	5/35	0:21:17	8:34	6/33	1:13:23
013 Galenza,Bruce	M5	6/38	11:17 2:15	8/38	0:43:58	23.88	8/40	0:55:15	8/39	0:22:32	9:04	7/38	1:17:47
023 Kuhn,Richard	M5	8/41	12:08 2:26	7/31	0:42:39	24.62	7/39	0:54:47	10/46	0:24:20	9:47	8/39	1:19:07
044 Smith,Rob	M5	4/33	11:00 2:12	10/47	0:49:31	21.20	10/44	1:00:31	6/36	0:21:38	8:42	9/43	1:22:09
046 Telford,Rick	M5	10/50	14:03 2:49	9/40	0:45:40	22.99	9/42	0:59:43	9/44	0:23:29	9:27	10/44	1:23:12
037 Wavy,Achey,Brakey	T1	1/2	6:14 1:15	1/14	0:37:09	28.26	1/7	0:43:23	1/49	0:25:51	10:24	1/22	1:09:14
050 Go Go Vogan	T2	1/19	9:14 1:51	1/21	0:38:46	27.09	1/20	0:48:00	1/24	0:20:17	8:10	1/20	1:08:17
006 It's All Relative	T3	1/23	9:45 1:57	1/2	0:32:31	32.29	1/4	0:42:16	1/3	0:16:27	6:37	1/3	0:58:43
034 Pack,J Lynn	T3	2/52	14:27 2:53	2/52	1:05:03	16.14	2/52	1:19:30	2/11	0:17:42	7:07	2/52	1:37:12